

# Dynamics Of Discipleship

## Pt 7 – Train Yourself To Be Godly

Scriptures – 1 Tim 4:7-8 (TNIV and Amplified); 1 Cor 9:25 (TNIV)

### A. Priority Of Training

1. Athletic Training – A picture of the requirements for Godliness
2. Luke 6:40 (NKJV) – The goal of a disciple
3. Godliness influences my:
  - Purpose
  - Practices
  - Priorities
  - Pre-occupations
4. “Train yourself”
  - a) “Train” (Gumnazo)
    - Exercise or work out
    - Exert strength; to strain
  - b) Change must be intentional and deliberate
  - c) “We don’t try to be a disciple, we train to be one.” – Bill Hull

### B. Process Of Training

1. Disciplined Resistance
  - a) “Discipline is the training necessary for the unhindered pursuit of God’s purpose”
  - b) Tension and resistance develops strength
  - c) Rom 6:10-16 (NLT)
  - d) Titus 2:11-12 (TNIV)
2. Daily dependence
  - a) Heb 4:15-16 (TNIV)
  - b) 2 Pet 1:3-7 (TNIV)
  - c) Cultivate spiritual disciplines
    - Solitude
    - Study
    - Surrender
    - Service