

## Total Freedom Part 11 **Keys To Lasting Freedom**

### **Text – Gal 5:1 (Good News Translation)**

*Freedom is what we have—Christ has set us free! Stand, then, as free people, and do not allow yourselves to become slaves again.*

#### **1. Be Christ centred and Spirit-empowered**

a. Col 3:1-3 (TNIV) – Orientate our heart and mind

*1 Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. 2 Set your minds on things above, not on earthly things. 3 For you died, and your life is now hidden with Christ in God.*

b. Col 3:15-16 (TNIV)

*15 Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. 16 Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns and songs from the Spirit, singing to God with gratitude in your hearts.*

- Peace

- Gratitude
- God's Word
- Singing

2. Be self disciplined - Provb 25: 28 (TNIV)

**28** Like a city whose walls are broken through is a person who lacks self-control.

- Build a “spiritual defence system”
- Cultivate devotional life
- Psa 27:4-5 (TNIV)

*4 One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple. 5 For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock.*

3. Be on guard – 1 Pet 5:8 (C.E.V)

**8** *Be on your guard and stay awake. Your enemy, the devil, is like a roaring lion, sneaking around to find someone to attack.*

- What are your trigger points?

4. Be resolved to change – Matt 18:2-4 (C.E.V)

**2** Jesus called a child over and had the child stand near him. **3** Then he said: I promise you this. If you don't change and become like a child, you will never get into the kingdom of heaven. **4** But if you are as humble as this child, you are the greatest in the kingdom of heaven.

5. Be in proper fellowship

a. Heb 10:24-25 (C.E.V)

**24** We should keep on encouraging each other to be thoughtful and to do helpful things. **25** Some people have gotten out of the habit of meeting for worship, but we must not do that. We should keep on encouraging each other, especially since you know that the day of the Lord's coming is getting closer.

b.1 Cor 15:33 (C.E.V)

**33** Don't fool yourselves. Bad friends will destroy you.