

# Repentance & Refreshing

Scripture: Acts 3:19-21 (Amplified)

## A. Repentance

1. God's agenda – 4 Rs

- Repentance
- Refreshing
- Restoration
- Return

2. Acts 3:19

*<sup>19</sup>So repent (change your mind and purpose); turn around and return [to God], that your sins may be erased (blotted out, wiped clean), that times of refreshing (of recovering from the effects of heat, of [reviving](#) with fresh air) may come from the presence of the Lord;*

- a) “Repent” - Change mind and purpose
  - To think differently
  - To reconsider
- b) To turn around and return to God

3. Repentance principles from parable of prodigal son  
– Luke 15:17-24 (TNIV)

<sup>17</sup> "When he came to his senses, he said, 'How many of my father's hired servants have food to spare, and here I am starving to death!

<sup>18</sup> I will set out and go back to my father and say to him: Father, I have sinned against heaven and against you.

<sup>19</sup> I am no longer worthy to be called your son; make me like one of your hired servants.'

<sup>20</sup> So he got up and went to his father. "But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him.

<sup>21</sup> "The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.'

<sup>22</sup> "But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet.

<sup>23</sup> Bring the fattened calf and kill it. Let's have a feast and celebrate.

<sup>24</sup> For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.

a) v17-19 – Repentance is returning to our senses

b) v20-24 – Repentance is returning to the Father

#### 4. Hosea 10:12 (NLT)

<sup>12</sup> I said, 'Plant the good seeds of righteousness, and you will harvest a crop of love. Plow up the hard ground of your hearts, for now is the time to seek the LORD, that he may come and shower righteousness upon you.'

- Plow
- Seek
- Shower

## **B. Refreshing**

1. "Times" (Kairos) - Set or opportune time  
- God's prophetic season
2. "Refreshing" - Recovery from effects of heat  
- Revival of breath
3. "The presence of the Lord"

4. What to expect in times of refreshing?

a) Psa 68:9-10 (NLT) - Refreshes the weary

<sup>9</sup> You sent abundant rain, O God, to refresh the weary land. <sup>10</sup> There your people finally settled, and with a bountiful harvest, O God, you provided for your needy people.

b) Joel 2:23-24 (C.E.V) - Revives joy

<sup>23</sup> People of Zion, <sup>[a]</sup> celebrate in honor of the LORD your God! He is generous and has sent the autumn and spring rains in the proper seasons. <sup>[b]</sup> <sup>24</sup> Grain will cover your threshing places; jars will overflow with wine and olive oil.

c) Joel 2:25-28 (C.E.V) - Rebuilds and renews

<sup>25</sup> I, the LORD your God, will make up for the losses caused by those swarms and swarms of locusts <sup>[a]</sup> I sent to attack you. <sup>26</sup> My people, you will eat until you are satisfied. Then you will praise me for the wonderful things I have done. Never again will you be put to shame. <sup>27</sup> Israel, you will know that I stand at your side. I am the LORD your God-- there are no other gods. Never again will you be put to shame. <sup>28</sup> Later, I will give my Spirit to everyone. Your sons and daughters will prophesy. Your old men will have dreams, and your young men will see visions.

d) Deut 32:2 (TNIV)- Releases revelation

<sup>2</sup> Let my teaching fall like rain and my words descend like dew, like showers on new grass, like abundant rain on tender plants.

e) Hosea 6:1-3 (C.E.V) - Restores hope and faith

<sup>1</sup> Let's return to the LORD. He has torn us to shreds, but he will bandage our wounds and make us well. <sup>2</sup> In two or three days he will heal us and restore our strength that we may live with him. <sup>3</sup> Let's do our best to know the LORD. His coming is as certain as the morning sun; he will refresh us like rain renewing the earth in the springtime.