

# Strengthening The Inner Man

## Pt 1 – The Value Of Speaking In Tongues

Ps. Andrew Foo (15/1/2012)

Scripture – Eph 3:16 (HCSB)

<sup>16</sup> I pray that He may grant you, according to the riches of His glory, to be strengthened with power in the inner man through His Spirit,

### 1. It's a means of **supernatural communication with God**

- 1 Cor 14:2 (Amp)

<sup>2</sup>For one who speaks in an [unknown] tongue speaks not to men but to God, for no one understands or catches his meaning, because in the [Holy] Spirit he utters secret truths and hidden things [not obvious to the understanding].

- 1 Cor 14:14-15 (Amp)

<sup>14</sup>For if I pray in an [unknown] tongue, my spirit [by the <sup>[a]</sup>Holy Spirit within me] prays, but my mind is unproductive [it bears no fruit and helps nobody].

<sup>15</sup>Then what am I to do? I will pray with my spirit [by the <sup>[b]</sup>Holy Spirit that is within me], but I will also pray [intelligently] with my mind and understanding; I will sing with my spirit [by the Holy Spirit that is within me], but I will sing [intelligently] with my mind and understanding also.

### 2. It **energizes us** – 1 Cor 14:4 (TNIV)

<sup>4</sup> Those who speak in a tongue edify themselves, but those who prophesy edify the church.

- “Edify” - Build or construct a building  
- Promote spiritual growth

### 3. It **aligns us with God's will**

- Rom 8:26-27 (NLT)

<sup>26</sup> And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. <sup>27</sup> And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will.

- Different dimensions of tongues

### 4. It's a **doorway into the supernatural**

- Unlocks the dimensions of the Spirit

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#### ***Points to ponder:***

1. Compare the time before you knew how to speak in tongues and after you've learnt to speak in tongues. What difference did it make in your Christian life?
2. What do you feel the Lord speak to you from today's message on the importance of speaking in tongues?
3. In what way would you apply what you've learned today?